Art Therapy Research In Practice

Art Therapy Research In Practice is a resource for educators, students, and practitioners on the procedures for conducting evidence-based practice in art therapy. It reports on innovative art therapy research and conveys, in an accessible and highly readable way, the lived experience of research by art therapists.

The book is divided into three parts: 

1. Guiding principles of evidence-based practice
2. Navigating the research landscape
3. Conducting and interpreting research

The guiding principles provide an overview of evidence-based practice and its role in the development of the evidence base for art therapy. The navigation section includes step-by-step instructions for conducting research, while the third section explains the process of analyzing and interpreting research findings.

This book is an ideal resource for those involved in the practice of art therapy who want to integrate research evidence into their practice. It is also a valuable tool for students and educators in art therapy programs who want to provide their clients with the best possible care through evidence-based practice.